

Art for All: Helping Kids With Learning Disabilities Get Involved

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Engaging in the arts through music, acting, dance, or painting offers benefits far beyond what is produced. When kids with [learning disabilities](#) participate in the arts, it can enhance development, offer connection with others, and improve self-confidence. Sometimes, kids with learning disabilities feel as though they are not smart or successful enough, and this can be devastating for their self-esteem. Introducing them to the creative arts can offer them a way to communicate and express their thoughts and feelings.

People with disabilities live with challenges daily. [Jenny Lynn](#) uses creative outlets such as writing and sharing her testimony to bring inspiration to others and improve her quality of life. Like Jenny, others with disabilities, including children of all ages, can use art as a means of wellness and enjoyment.

How to Get Started

Getting kids involved with the arts can be as simple as providing supplies and offering encouraging words. Remember that art can be any creative outlet you can think of, so try not to limit it to one activity. The more kids are exposed to a variety of activities, the greater the odds of them finding enjoyable outlets for self-expression. This is especially important for kids with learning disabilities who sometimes [struggle with communication](#). Offer as much variety as you can and let your child's interests take the lead.

At home, set aside time each week for [an exploration](#) of the arts. One week you may decide to explore different types of cultural dance, while another may find you making clay beads or singing and making music with household items. There is no end to the possibilities — you and your child will have a great time crafting art projects and trying out different ideas. Along with individual art exploration, it may be helpful to involve your youngster in group art activities, as well.

Finding Art Groups and Creative Gatherings

It may be fun to explore creative art groups in your area that work with kids in a variety of mediums. Movement classes, pottery, watercolor painting, and [scrapbooking](#) can be fun ways to engage children with learning disabilities and offer an outlet that could become a lifelong source of joy and [self-expression](#). Some schools offer extracurricular activities such as art or music clubs that are free for students to participate in.

[Community art groups](#) are a fun way to meet others — it may be worth researching programs in your area by contacting your local library or YMCA. If you find that there are few art options for kids in your region, consider starting your own group with other parents in your child's school. Do not worry about not being a professional artist — just bring your ideas and some materials, and invite other families to join you. Sometimes, area churches allow groups to use their space for meetings, which could simplify the planning process.

If you form a group to help kids with learning disabilities get involved in the arts, you may find area organizations willing to donate materials or fund your group. You may even decide that you are passionate about teaching the arts and wish to start a business. Turning your [passion into a business](#) would make each workday rewarding and fun.

Creating a Teaching Business

Developing a business to teach the arts to kids with disabilities could become a lucrative, enjoyable career path. Prior to getting started, consider registering your business to make it official. It may be wise to file as a Limited Liability Company (LLC) to keep paperwork to a minimum and reduce tax expenses. LLC registration can also protect you from liability and demand less paperwork, freeing you up to have more fun planning activities with the kids. You can file for LLC status on your own, or avoid the expense of lawyers and [hire a service](#) online. Check your state's requirements as LLC regulations differ across the U.S.

As you and your child find fun ways to express yourselves in the creative arts, your business could be growing, along with a tidy profit. Most importantly, kids with learning disabilities will have unique and rewarding ways to express themselves and gain confidence while meeting new friends.



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